



COVID-19 Policy

In light of the global COVID-19 outbreak, Sobriety NOW understands that providing a sense of normality and support to our clients on their continued road to recovery is more important than ever.

Therefore, we are doing everything in our power and in accordance with newly implemented standards from governing bodies (such as DDAP, OSHA, and the CDC) to ensure continuity of care and a safe environment for our patients.

During the public health emergency related to COVID-19, the Governor of Pennsylvania and Mayor of Philadelphia have issued stay-in-home and shutdown orders to be enforced on our around Monday 03/23/2020. Per said orders, drug treatment and addiction rehabilitation facilities have not been deemed "life sustaining" or "essential" and are not able to access their physical locations. With that in mind, Sobriety Now is instituting any allowable technologies to facilitate services for our outpatient clientele during the lifespan of the order.

The Pennsylvania Department of Drug and Alcohol Programs has allowed telehealth for all qualified providers due to the COVID-19 crisis:

- [DDAP - COVID Telehealth Memo](#)

This direction is consistent with other governing authorities as well as the different in-network and out-of-network payers we work with.

Sobriety Now is utilizing various secure and compliant technologies to assist with remote treatment. For telehealth services, we utilize **Zoom Pro**. In addition to following standard HIPAA best practices within the platform, the security whitepapers for this software can be found below for reference:

- [Zoom - Security White Papers](#)

For remote signing of documentation, evaluation and consent forms, Sobriety Now is utilizing **DocuSign** with whom a signed BAA is in place. The security and HIPAA compliance whitepapers can be found below for reference:

- [DocuSign - Overview of Legality and Security](#)
- [DocuSign - HIPAA Compliance Overview](#)

We will continue to take advantage of any technologies available to us in order service patients, as well as protect the well being of our staff and clientele.

The Sobriety Now team is committed to our patients and plan to be back in the physical office and operate accordingly as soon as we are legally allowed. Upon re-entry to the office, if the public health emergency is ongoing, authorities continue to recommend social distancing rules, or we simply deem additional safety protocols to still be required, we will continue to enact the precautions listed below to allow for the continued treatment of the mental health while



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simultaneously safeguarding the physical wellbeing of our clients and staff. Company COVID-19 regulations for our offices include, but may not be limited to:

- Temperature checks for all patients/visitors upon arrival
- Upon check-in, all visitors/patients will be required to answer predetermined screening questions related to COVID-19, such as:
 - o Are you or anyone in your household sick or showing symptoms of COVID-19?
 - o Have you had any symptoms (fever, difficulty breathing or cough) within the last 14 days?
 - o Have you travelled out of the country or to any high impact areas in the last 14 days?
 - o Have you been in contact with anyone in the last 14 days who was diagnosed with COVID-19?
- All patients and staff must wash hands thoroughly and properly upon entry into the office
- Hand washing stations and alcohol-based hand sanitizer will be made available to all patients and staff at all times
- All shareable goods (magazines, reusable cups/utensils, remotes, etc.) will be removed from publicly accessible areas
- Any pamphlets, pens, or other accessible material must be kept or disposed of when utilized by any individuals
- Group rooms and common areas will be regularly cleaned and sanitized between sessions
- Regularly touched equipment, such as printer/copier/fax, credit card machine, public computers, restroom keys, doorknobs, switches, and kiosks must be cleaned and sanitized regularly throughout the day
- Scheduled group occupancy will be controlled/reduced to allow for proper social distancing when in treatment
- Masks or face coverings should be worn at all times by staff and patients (except when wearing a face covering is prohibitive or problematic for the health of the individual)
- HVAC units will be kept on and windows opened within reason (weather dependent) to allow for proper fresh airflow within the office

The above protocols may not represent a full list of office rules put in place by management. Rules and regulations around COVID-19 can potentially change without notice and may become more or less strict overtime. Sobriety Now will follow all guidelines recommended by local health authorities, the CDC and OSHA such as those listed below:

- [CDC - Business Response Guidance](#)
- [OSHA - Guidance on Preparing Workplaces for COVID-19](#)

Sobriety Now stands with our clientele, partners, staff and the citizens of Philadelphia at this time of crisis. Please stay safe. Stay healthy!